



Skin Saviour

We went to visit Rachel Eve, the stunning new Advanced Skin Clinic situated in Stetchworth to ask her a few questions...

We visit Stetchworth's new Advanced Skin Clinic to speak to owner Rachel Eve about what treatments you can expect, why she has chosen the brands and technologies she has and about her experience in the skincare industry.

Q: TELL US A LITTLE MORE ABOUT YOUR CAREER IN SKINCARE

A: After gaining the CIDESCO and CIBTAC qualifications in beauty and aesthetic facial treatments, I worked for some of the leading cosmetic brands and spas before joining the International Institute for Anti-Ageing (IIAA) five years ago. I joined them to further my knowledge and experience in anti-ageing and the cosmeceutical industry. I was awarded 'Skin Analyst of the Year' in 2015

and went on to support numerous salons throughout the UK for the IIAA.

Q: WHAT MADE YOU DECIDE TO SET UP YOUR OWN CLINIC?

A: I wanted to bring something new to the area. There is a huge demand for non-invasive treatments which actually deliver visible results. I also missed working directly with clients to overcome their skin concerns and making them feel better about themselves.

Q: WHAT CAN WE EXPECT FROM THE CLINIC?

A: I offer advanced facials only. I wanted to focus solely on the skin to promote ultimate skin health and overcome problematic skin concerns. I offer clients personalised skin programmes from

some of the world's leading brands and technological systems. I am really looking forward to showing my clients the modern space we have created here and bringing new and innovative treatments to the local area.

Q: WHAT TREATMENTS WILL YOU BE OFFERING?

A: The brands and technologies I have chosen to offer work at a cellular level in order to achieve maximum results. These include Environ vitamin facials, the renowned CACI non-surgical face lift, IMAGE enzyme skin peels and Dermalux LED phototherapy. I also offer a range of signature treatments which are tailor-made to address specific skin concerns by using a



combination of technologies and products. Dermalux is the go-to LED phototherapy brand in the industry and has won 'Treatment of the Year' at the Aesthetics Awards for four consecutive years. Dermalux even featured in Meghan Markle's pre-wedding skincare routine!

Q: WHAT IS LED PHOTOTHERAPY?

A: LED phototherapy is the latest technology that is taking the aesthetics world by storm. LED phototherapy harnesses the skin's power to convert light into cell energy. Skin cells that are energised not only look better, but function better. Dermalux combines three different wave lengths to help improve acne, Rosacea, dull and ageing skins. I am the first clinic in the area to introduce tri-wave LED technology and I cannot wait for people to experience the benefits.

Q: WHY DID YOU CHOOSE EACH OF THE BRANDS YOU ARE WORKING WITH?

A: I only work with brands that have a strong medical and scientific backing. So many brands these days tend to follow skincare 'trends' as opposed to basing their products on what is actually good for the skin. I only use professional, cosmeceutical skincare brands such as Environ, Advanced Nutrition Programme and IMAGE skincare – all of which have active skincare benefits that are far more advanced and work at a deeper level than many high-street cosmetic brands. Between them, they use a combination of Vitamin A (retinols), peptides, antioxidants, Vitamin C, stem cells and AHA's to rejuvenate and repair skin to achieve results. Advanced Nutrition Programme have a fantastic range of supplements which feed the skin from within and can be used to skin concerns such as acne as an alternative to antibiotics.

Q: WHAT'S YOUR FAVOURITE PRODUCT?

A: That's a hard question but I couldn't be without Environ's Skin Essentia AVST Moisturiser. It is full of vitamins and antioxidants which promote brighter, healthier and smoother skin. This moisturiser has a progressive 5-step programme which enables your skin to absorb the maximum level of Vitamin A (retinol) possible. 'It's a day and night cream in one.



Q: WHAT MAKES YOU DIFFERENT FROM OTHER SALONS OR CLINIC?

A: The Advanced Skin Clinic is the only local clinic which only offers facials. I have chosen to invest in the best brands and technologies which are available in the industry to ensure I achieve the very best results for every client. Each will receive an in-depth consultation and expert advice from over 10 years of experience and research. I love educating clients on skincare and anti-ageing, so they fully understand how to achieve their skin goals.

Q: WHAT IS YOUR BEST SKINCARE TIP?

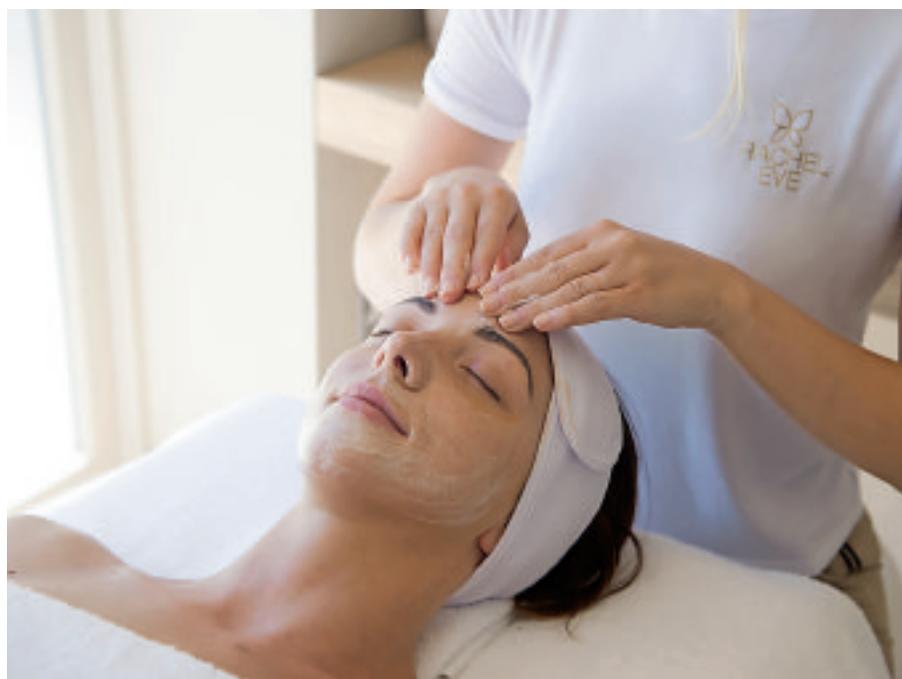
A: I always remind my clients that your skin is your biggest organ. We know that exercising and eating well helps our bodies, but it applies to your skin too. It needs to be worked, fed and watered correctly and look and feel its best. Treat your skin with a 360-degree approach using a combination of products, treatments and supplements to reverse the signs and ageing and ensure optimum health. I have some incredible before and after photos which speak for themselves. Nothing makes me happier than bringing out the best in someone's skin and helping them to overcome problems which previously seemed untreatable.

**The Advanced Skin Clinic
by Rachel Eve**

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Rachel's facials are bookable by appointment only.



20% OFF

Rachel is also offering 20% off for Velvet readers for the month of August, visit racheleve.co.uk to book online.